

# MATTRESS SHOPPING CHECKLIST

**MATTRESS SIZE**

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**BUDGET**

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**PAIN POINTS**

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**HOW I SLEEP**

back sleeper  
stomach sleeper  
side sleeper  
combo

**FIRMNESS  
PREFERENCE**

very firm  
firm  
medium  
soft  
very soft

**OTHER  
PREFERENCES**

thick mattress / thin mattress  
cooling / cozy / no preference

*\*also look at warranty*

[www.lemonthistle.com](http://www.lemonthistle.com)

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